

# Online Moving and Handling for Care

## COURSE DURATION:

90 Minutes

## TARGET AUDIENCE:

- Care Sector

## AVAILABLE IN:

- Audio (speakers or headphones)

## DELIVERED VIA:

- Internet



### Endorsed and Audited by Environmental Health Officers.

This online course has been developed specially for the care sector. It covers all aspects of manual handling as well as moving people by assisted stands, sliding and hoists.

The content also covers basic guidelines on the posture for lifting as well as the guidelines on maximum weights.

It takes approximately 90 minutes to complete and progress can be saved, enabling you to return to it later and carry on from where you left off.

You can access the course as many times as you like within a year.

### Certificate

On successful completion of the final assessment candidates can print the certificate directly from the computer.

### Module 1 - Prevention and Preparation

Risk Assessments  
Mechanical Aids  
Environments and Injuries

### Module 2 - Techniques

Lifting and Lowering  
Mechanical Aids  
Machine Aids

### Module 3 - Moving People

Preparation  
Assisted Stands  
Sliding  
Hoists  
Review

### Module 4 - Law Basics

Regulations for employers  
Regulations for employees



For costs and to view an online demo please visit our website: [www.solutions4business.org](http://www.solutions4business.org)

t: 01845 597085 e: [tc@solutions4business.org](mailto:tc@solutions4business.org)