

Online Manual Handling

COURSE DURATION:

90 Minutes

TARGET AUDIENCE:

- Care Sector
- Industry

AVAILABLE IN:

- Audio (speakers or headphones)

DELIVERED VIA:

- Internet



Endorsed and Audited by Environmental Health Officers.

This awareness course in Manual Handling covers the basics of lifting and lowering loads as well as covering pushing and pulling of trolleys and other mechanical aids.

Basic guidelines on the posture for lifting, and the maximum weight guidelines are also covered in this course.

The use of audio visual, interactive animation delivers this course in an enjoyable and refreshing format.

Certificate

On successful completion of the final assessment candidates can print the certificate directly from the computer.

Modules

Module 1 - Prevention and Preparation

Risk Assessments
Mechanical Aids
Environments and Injuries

Module 2 - Techniques

Lifting and Lowering
Mechanical Aids
Machine Aids

Module 3 - Law Basics

Regulations for employers
Regulations for employees



For costs and to view an online demo please visit our website: www.solutions4business.org

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